

BAYSWATER COMMUNITY CENTRE

ACTIVITIES PROGRAM FOR OLDER ADULTS 50 PLUS



27 King William Street, Bayswater WA 6053 Ph: 9271 5198

CENTRE HOURS: M-F 8.30AM-3.00PM

From September 2019

MONDAY	9.00am departure	Casino Bus leaves from Morley Community Centre Aug, Oct, Dec 2019- See Centre Notice Board for further information
	11.00am	2nd Monday Monthly - Morley Parkinson's Association Support Group - \$2
	9.00am - 12noon	3rd Monday Monthly - WACBA Bowls - \$2
	1.45pm - 2.45pm	Yoga - \$12 per class. Gentle yoga for Seniors.
	3rd & 4th Mondays Monthly - Community Bus Outings See Centre Notice Board for more information	
TUESDAY	10.30 - 11.30am	Rewind Fitness Class - \$10 per class. Call Carmel on 0421 999 456 to book.
	12.30pm - 3.00pm	Social Carpet Bowls - \$2
WEDNESDAY	8.50am - 1.00pm	Podiatry Clinic by appointment only Call Life Active Podiatry on 0423 722 957 or 6117 5147
	9.00am - 12.00noon	Craft Group - \$2
	10.00am - 12.00noon	1st Wednesday Monthly Friendship Group - \$3 Feeling socially isolated? New to the area? Come and join us for a cuppa and a friendly chat.
	12noon - 2.45pm	4th Wednesday Monthly - Un-Reel Social - \$2 Join us for a movie afternoon, see Notice Boards for latest movie
	Computer Classes - \$7.00 per class/hour. Appointments essential.	
	Hairdresser - By appointment only. Call Sharon on 0437 709 965.	
THURSDAY	9.30am - 2.30pm	Card group - \$2 (Canasta & Jonola)
	1.45pm - 2.45pm	Yoga - \$12 per class. Gentle yoga for Seniors.
	Computer Classes - \$7.00 per class/hour. Appointments essential.	
FRIDAY	10.30am - 11.30am	Rewind Fitness Class - \$10 per class. Call Carmel on 0421 999 456 to book.
	12.30pm - 3.00pm	Bingo - Books - \$2.50. Cash prizes. \$2 Membership of Morbay Active Ageing Association required
	Hairdresser - By appointment only. Call Sharon on 0437 709 965.	
SATURDAY	12.30pm-3.30pm	Bingo - Books - \$2.50. Cash prizes. \$2 Membership of Morbay Active Ageing Association required

OFFICE HOURS - Monday to Friday 8.30am - 3.00pm ANNUAL MEMBERSHIP: \$10

Please direct all enquiries to the Community Centre Program Officer: Phone: 9271 5198 or

Email: lynda.blackie@bayswater.wa.gov.au