

# Centre Connect



Issue 9  
February 2021

## We're back in business!

**The City of Bayswater community has proven its resilience again as we responded to the lock down put in place by the State Government due to COVID-19.**

We are so happy to have you back with us, and thank you for your patience whilst the renovations were happening at Bayswater Community Centre. If you haven't already had a cuppa from our modern kitchen, or availed yourself of the smart new toilet facilities, don't be shy .... come and try! Morley has also undergone a stunning façade upgrade, which has completely modernised the look of the building. Our thanks goes to the City's Building Works department for their vision and hard work in pulling these upgrades together.

This year, we are thrilled to recommence activities which have been on hold during last year. Morley Community Centre has recommenced Cribbage/Rummikub and Mah-jong, and at Bayswater, Canasta/Jonola will resume on Thursdays. If you would like to participate in any of these activities, all COVID-19 protocols will be in place and further information can be obtained from Rosie and Lynda. Unfortunately, our bus outings are still on hold until further notice.

A packed program of events and activities will keep you occupied this year, and more information on new programs such as E-Learn computer sessions is outlined in this issue.

Now we're back in business, it's timely to remind you that memberships are due for renewal. Thank you to all members who have already renewed, however if you are unsure, please check that you have a green stripe on your card. All podiatry, hairdressing clients and member's undertaking activities must renew their membership. The \$5 fee will ensure you're fully paid up until 30 June 2021.

Welcome back one and all. We look forward to seeing you at the Centres very soon.

*Lynda Blackie*

Program Officer  
Bayswater Community Centre

and

*Rosie Daniele*

Program Officer  
Morley Community Centre



*Volunteers, Pam, Kate, Kathy and Penny  
enjoying the upgraded kitchen*

# Centre Connect

## Centre Happenings

### Mandatory Contact Register



Please remember to sign-in when you enter the community centres. Where possible, we encourage all members to download the Safe WA app to their mobile phone and scan the QR code upon entry.

This is a mandatory requirement from the WA Government and we ask that members are patient when they arrive to sign-in for activities.

### Be Healthier in 2021

Join us for a series of free health and wellbeing sessions kicking off on Monday 8 March. All sessions run from 10:00am – 11:30am.

Book on one or all sessions at Eventbrite:

[cobhealthyathome.eventbrite.com.au](https://cobhealthyathome.eventbrite.com.au)

For more information speak to Rosie or Lynda.



Topics Covered	Morley Community Centre	Bayswater Community Centre
Nutrition at Home information session	Monday, 8 March	Tuesday, 9 March
Move, Improve, Remove - Falls Prevention	Monday, 15 March	Tuesday, 16 March
Easy Healthy Meals - Cooking Demonstration	Monday, 22 March	Tuesday, 23 March
Reconnect Café morning tea - Helping Minds	Monday, 29 March	Tuesday, 30 March

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## Centre Happenings

### 2021 Raffles

Raffles will be held across the Community Centres this year as follows:

- ♦ Easter (April)
- ♦ Mother's Day (May)
- ♦ Father's Day (September)
- ♦ Christmas (December)



**Easter Raffle** tickets go on sale on **Monday 22 March** for one week and cost \$1. The draw will take place on Wednesday 31 March. Remember, you've got to be in it, to win it!

### E-Learn

#### @ Bayswater Community Centre

To help you navigate the online world, we will be running group presentations with the help of volunteer computer teacher, Graham Cowen.

Presentations will be held on the third Wednesday of each month, 1.30pm to 2.30pm. \$2 admission fee.

Places are strictly limited and you must register your interest with Lynda or Rosie.



**Wednesday 17 March**  
Browsing the internet



**Wednesday 21 April**  
Using email



**Wednesday 19 May**  
Editing Photos

### Unreel Social - 4th Wednesday of every month

Do you have a movie you've always wanted to see? Why not come along to Un-Reel social at Bayswater Community Centre. We will be screening classics and new films on the big screen.

ALL members welcome. \$2 admission fee with your membership card

**Victoria and Abdul**  
Wednesday 24 February  
@ 12.30pm  
**Wild Rose**  
Wednesday 24 March  
@ 12.30pm

### My Aged Care webinars in different languages

Did you know Umbrella Multicultural Community Care Services offers a range of Multilingual My Aged Care webinars (pre-recorded videos) to watch on its Facebook page? The webinars provide an overview of services available through the My Aged Care system. These are free of charge to view and are offered in Hungarian, Hindi, Japanese, Filipino, and more. Visit:

[facebook.com/umbrellamulticultural/events](https://facebook.com/umbrellamulticultural/events)



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## FOGO is coming

Exciting news! From March 2021, you can put food scraps, bones, garden waste, animal droppings and other organic material in your green lid FOGO (Food Organics Garden Organics) bin. The bin will be collected by the City from your home weekly and turned into compost rather than being sent to landfill. This means we can all make a positive change for our environment.

For more information visit [www.bayswater.wa.gov.au/fogo](http://www.bayswater.wa.gov.au/fogo) or speak to Rosie or Lynda to put your name down to attend the Link on Learn session on **FOGO at Bayswater Community Centre on Wednesday, 10 March at 12.30pm.**



Pat Lim, Age-friendly ambassador for the City of Bayswater and coordinator of the Bayswater Community Garden.

## Congratulations!

Ingrid Schubert on being awarded the City of Bayswater 2021 Senior Citizen of the Year for her outstanding contribution to the community. Ingrid is a Noranda resident who gives generously of her time to enrich the lives of all around her - volunteering for a number of community programs, including the City's Age Friendly Ambassador program. Please join us in congratulating Ingrid when you see her.



City of Bayswater  
Senior Citizen of the Year 2021  
Ingrid Schubert



# Centre Connect

## Members' photo gallery

The end of 2020 culminated in a number of special events for centre members and volunteers – can you spot yourself in any of these photos?



Christmas Raffle winner,  
Rose Laurito



Members Christmas Party @ the Civic Centre – 15 December



Fit for Life exercise classes with  
Kevin @ Morley



Members Christmas Party @ the Civic Centre – 15 December



Members Christmas Party @ the Civic Centre – 15 December



# Centre Connect

Volunteer Summer Garden Party @ The RISE – 4 December





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## Upcoming Community Events

### Explore . Discover . Connect 2021

The RISE, 28 Eighth Avenue, Maylands  
Sunday 28 March 12pm – 3pm

Discover and connect with local clubs and groups at this free community event, offering entertainment, prizes and much more.

For more information visit  
[www.bayswater.wa.gov.au](http://www.bayswater.wa.gov.au) or call 9272 0658.

### Evening in the park

Bert Wright Park, Bayswater  
Saturday 20 March, 5pm to 9pm

Join us for an evening of colourful up-beat performances and food from around the world to celebrate the City's cultural diversity.



### Somewhere new to visit...

Tour WA Parliament and enjoy lunch in the Members' Dining Room. For a limited time only, the Parliamentary Education Office is offering a **Tour and Taste of Parliament** to community groups. Tours run on Mondays at 11am and cost \$40 per person for a 3-course a la carte menu. Group bookings only (minimum of 12 people).

To make a booking, contact 9222 7259 or [education@parliament.wa.gov.au](mailto:education@parliament.wa.gov.au)

### COVID-19 Support Line

The Older Adults COVID-19 Support Line provides information and support for older Australians, their relatives, carers, friends and supporters.

**Call 1800 171 866**

**Monday to Friday  
8.30am to 6pm AEDT**

### FOR MORE INFORMATION

Please contact the Community Centres' Program Officers  
**Rosie** on 9276 6108 (Morley) or **Lynda** on 9271 5198 (Bayswater).