

BAYSWATER COMMUNITY CENTRE

ACTIVITIES PROGRAM FOR OLDER ADULTS 50 PLUS



27 King William Street, Bayswater WA 6053 Ph: 9271 5198

CENTRE HOURS: Monday-Friday 8.30AM-3.00PM

2021- 1

MONDAY	ON HOLD	Community Bus Outings - 3rd & 4th Mondays Monthly
	1.45pm - 2.45pm	Yoga - \$12 per class. Gentle yoga for Seniors
	10.30am-1pm	2nd Monday Monthly - Morley Parkinson's Association Support Group - \$2
TUESDAY	10am-12noon	The Friendlies - \$2. All Welcome to our new Friendship Group
	12.30pm - 2.30pm	Social Carpet Bowls - \$2
WEDNESDAY	8.50am - 1.00pm	Podiatry Clinic by appointment only Call Life Active Podiatry on 0423 722 957 or 6117 5147
	9.00am - 11.45am	Craft Group - \$2
	12.30pm	1st Wednesday Monthly - Link & Learn Program PLEASE SEE NOTICE BOARD FOR DETAILS OF FREE COMMUNITY INFORMATION SESSIONS. ALL WELCOME 50YEARS+
	12.45pm	3rd Wednesday Monthly - e-Learn Program - \$2 PLEASE SEE NOTICE BOARD FOR DETAILS OF COMPUTER TECHNOLOGY SESSIONS
	12.30pm - 2.45pm	4th Wednesday Monthly - Un-Reel Movie Social - \$2 PLEASE SEE NOTICE BOARD FOR DETAILS OF MONTHLY MOVIE
	10.00am-12.00noon	Computer Classes - \$7.00 per class/hour
	From 8.30am	Hairdresser - Contact Sharon on 0437 709 965
	THURSDAY	From 9.30am
	1.45pm - 2.45pm	Yoga - \$12 per class. Gentle yoga for Seniors.
	10.00am-12.00noon	Computer Classes - \$7.00 per class/hour
FRIDAY	12.30pm - 3.00pm	Bingo - Books - \$2.50. Cash prizes. \$2 Membership of Morbay Active Ageing Association required
	From 8.30am	Hairdresser - Contact Sharon on 0437 709 965
SATURDAY	12.30pm-3.30pm	Bingo - Books - \$2.50. Cash prizes. \$2 Membership of Morbay Active Ageing Association required

Please direct all enquiries to the Community Centre Program Officer: Lynda Blackie during office hours *Monday to Friday 8.30am - 3.00pm* on Phone: **9271 5198** or Email: lynda.blackie@bayswater.wa.gov.au

Due to current COVID-19 restrictions, a number of changes have occurred to the centres activity schedule, and start and finish times may vary. Please check the details of individual activities and keep up to date via the centre's notice board. At all times, members are asked to observe social distancing and hygiene requirements in line with Government guidelines.

ANNUAL MEMBERSHIP: \$10