City of Bayswater

Activities Program

Bayswater Community Centre

Effective from 1 October 2026

Mondays				
Tuesdays	**Hairdresser**	8.30am – 12pm		Bookings required. Call Sharon on **0437 709 965**.
	All Abilities Reclink Pilates	9.30 – 10.15am	FREE	Registration required with Reclink Australia https://club.reclink.org/programs/FWH6RS/signup
	The Friendlies	10am – 12pm	$3	Meet and make friendships for life.
	Zumba Gold	11.30am – 12.30pm	$6	A groovy and fun way to exercise.
	Yoga	1.45 – 2.45pm	$6	Gentle yoga to stretch your body and relax the mind.
Wednesdays	**Hairdresser**	8.30am – 12pm		Bookings required. Call Sharon on **0437 709 965**.
	Podiatrist	From 8.30am		Bookings required. Call Life Active on **6117 5147**.
	Craft Group	9 – 11.30am	$3	Join us to make some crafty creations.
	Live Long. Live Strong.	9.30 – 10.30am	$6	Exercise physiology class. GP enhanced primary health care plans (EPC) accepted. Bookings required. Call Gregory on **0481 945 628**.
	Chair Dancing	11.30am	$6	Suitable for all mobility levels with options to sit or stand.
Thursdays	**Hairdresser**	8.30am – 12pm		Bookings required. Call Sharon on **0437 709 965**.
	Canasta/Jonola	9 – 11.30am	$3	A quick-moving card game with friends.
	Sing-along	1 - 2pm	$6	Every second Thursday of each month: 8 October, 12 November and 10 December.
Fridays	**Hairdresser**	8.30am – 12pm		Bookings required. Call Sharon on **0437 709 965**.
	Bingo	12 – 2pm		Current membership of Morbay Active Ageing Association is also required - $10. Refreshments $3.

Bayswater Community Centre
27 King William Street, Bayswater

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Mentally Healthy WA

For more information: Phone **9272 0951** or email **community.centres@bayswater.wa.gov.au**