City of Bayswater

Activities Program

Morley Community Centre

Effective from 1 October 2026				
Mondays	**Live Long. Live Strong.**	8.45 – 9.45am 10 – 11am	$6	Exercise physiology class. GP enhanced primary health care plans (EPC) accepted. To book and to confirm cost of class, call Gregory on **0481 945 628**.
	All Abilities Yoga	11.30am – 12.30pm	Free	Registration required with Reclink Australia https://club.reclink.org/programs/FWH6RS/signup
	All Abilities Pilates	1 – 2pm	Free	Registration required with Reclink Australia https://club.reclink.org/programs/FWH6RS/signup
Tuesdays	**Walking Group**	8.30am	Free	Weather permitting. Tea and coffee $3.
	Indoor Bowls	9 – 11.30am	$3	Indoor version of lawn bowls on synthetic mats.
Wednesdays	**Art Group**	9am – 12pm	$3	Get creative with artistic activities.
	Bingo	11am – 2pm		Current membership of Morbay Active Ageing Association is also required - $10. Refreshments $3.
	Craft Group	1 – 3pm	$3	Join us to make some crafty creations.
Thursdays	**Podiatrist**	From 8.30am		Bookings required. Call Life Active on **6117 5147**.
	Zumba Gold	10 – 11am	$6	A groovy and fun way to exercise (commencing 22 October)
	Rummikub/ Cribbage	10.30am – 12pm	$3	Combining elements of the card game rummy and cribbage.
	Line Dancing Beginners	11.15am – 1.15pm	$6	Beginners welcome to join at any time, with the opportunity to progress to intermediate class.
Fridays	**Indoor Bowls**	9 – 11.30am	$3	Indoor version of lawn bowls on synthetic mats.
	Canasta/Jonola	10am – 12pm	$3	A quick-moving card game with friends.
	Board Games	11.30am – 2.30pm	$3	Come along to choose from an assortmnent of board games and spend the afternoon with like-minded people.
	Mah-jong	11.30am – 2.30pm	$3	Chinese tile-based game with four players. Chinese and Western sets.

Morley Community Centre
6A Blades Close, Morley

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Mentally Healthy WA

For more information: Phone **9272 0980** or email **community.centres@bayswater.wa.gov.au**