

Mid year update

As we come out of another lockdown and move through further restrictions, we just wanted to thank members for their patience and resilience.

We don't know what next week will bring, but at this stage the majority of centres activities will resume in line with current health advice.

Please check in with the community centre program officers if you are unsure if your activity is running.

Last month, to mark World Elder Abuse Day (15 June), we were honoured to be invited to attend a special 'Joining of the Roads' event at Kings Park, bringing with us our very own Purple Road.

The Purple Road took off last year, with members of the Community Centre's craft group invited to craft flowers for our 3 metre section of the road. Volunteers from the craft group took strong ownership and creative direction of the road, and contributed an amazing 450 flowers. Since then the Purple Road has been showcased at lots of different venues around the City.

The Purple Road always generates lots of conversations, and is making it okay to talk about elder abuse. It's an important topic and if you would like more information, please come and ask us. We are delighted to be part of this project - look out for our Purple Road on its journey.

A new financial year means membership renewal time. \$15 membership for all members is now due for 1 July 2021 to 30 June 2022.

REMINDER!
MEMBERSHIP
RENEWAL IS
NOW OPEN



Volunteers, Pam, Penny and Kathy with City officers, Lynda and Marie at the 'Joining of the Purple Roads'

Your new card will have a purple stripe, please ensure you show this card every time you attend an activity at the Centre. To renew your membership please see Lynda or Rosie.

The results are in from the recent Age Friendly survey, thank you to everyone who took time to provide their feedback. A summary of what respondents said can be found at the back of this newsletter.

Finally, we have lots of new initiatives in the pipeline, including Zumba Gold and Get Low, being offered at Bayswater Community Centre. For more information please give us a call.

Lynda Blackie

Program Officer
Bayswater Community Centre

Rosie Daniele

Program Officer
Morley Community Centre

Please note all information in this newsletter is correct at time of publication.

Centre Connect

Centre Happenings

MEMBERSHIP FEES

Annual membership is now open for renewal. Membership to the Community Centres will be \$15, in-line with the City of Bayswater Council fees and charges schedule, approved for the new financial year. Membership runs from 1 July 2021 to 30 June 2022. All other fees will remain as is.

Good news! This year the City has introduced the following discounts on memberships:

- 10% discount for resident veteran card holders and 5% discount for non-resident veteran card holders;
- 50% discount for all City Registered volunteers
- Continued fee waiver for Life Members

All members will need to complete a new membership form to renew their membership and show their new card to continue to access centre activities, services and outings.

Memberships can be renewed with the centre officers – Rosie and Lynda.

The results are in!

Thank you to everyone who completed a survey on the age friendliness of the City of Bayswater. Your feedback will inform development of the City's next Age Friendly Strategy. Please find a summary of feedback attached to the back page of this newsletter.



WALKING GROUP MEET

Tuesday, 8.30am @ Morley Community Centre



Shake off the winter chill with a short walk and hot drink - join the centre's walking group. This group is still going strong and new members are very welcome. The group walks all weathers except rain, and meets every Tuesday **at 8.30am at Morley Community Centre** for a walk around Pat O'Hara reserve, followed by a hot drink and chat. Speak to Rosie for more information.

GET LOW

Get Low started at Bayswater Community Centre in June. Held every **Tuesday from 9am to 10am**, this is a low impact exercise program, incorporating mobility, coordination and strength to music.



There are still spaces available, so please sign up with Lynda or Rosie if you're keen to attend.

LINE DANCING

Tuesday and Thursday line dancing classes at Morley Community Centre will now run from **12pm to 1.30pm**. Members are welcome to stay on for tea and coffee after these classes. We are unable to accept beginners for these classes at this stage. The City has endeavored to contact everyone on the waiting list to provide alternative activity options. For more information, please speak to Rosie.

Centre Connect

Centre Happenings

AUSTRALIA'S BIGGEST MORNING TEA

Thank you to everyone who attended and contributed to the Biggest Morning Tea event for Cancer Council at Bayswater Community Centre on Tuesday 25 May. Centre staff and volunteers did an amazing job and the event ran like a well-oiled machine. A total of.....drum roll..... **\$2,050** was raised with all proceeds going to the Cancer Council.



GREAT NEWS - CITY SUPPORTS AUSTRALIAN DEFENCE VETERANS COVENANT

Recently, Council passed a recommendation to provide discounts to veteran card holders for a variety of services as listed in the City's fees and charges schedule 2021/22. Importantly, this means that from 1 July 2021, all veteran card holders can receive a discount on the Community Centres' annual membership fee, as follows:

- ♦ 10% annual membership fee discount to all City of Bayswater resident veteran card holders
- ♦ 5% annual membership fee discount to all non-resident veteran card holders

To be eligible for the discount, veteran card holders must present their veteran card upon submission of their Community Centre annual membership form. Residents of the City of Bayswater will also be asked to confirm their residency by showing centre officers identification such as a driver's license or utility bill.

COVID-19 Update

As we move through another COVID-19 recovery phase, we wanted to update members on the safety measures that will continue at the centres.

Please follow centre signage and instructions from centre officers and volunteers, and let's do our bit to keep WA Safe.

THE FOLLOWING MEASURES REMAIN IN PLACE AT THE CENTRES:

- ✓ Members to sign-in using Safe WA app or manual contact tracing register;
- ✓ Increased cleaning and hygiene procedures will continue with all chairs, tables and equipment sanitized after use;
- ✓ Hand sanitizer to be used by all members upon entry;
- ✓ COVID-safe principles to be observed, i.e. physical distancing; wearing of masks as and when mandated by Government;
- ✓ Please do not consider attending the centres if you are unwell.

Centre Connect

Centre Happenings

RAFFLES

Congratulations to winners of the centre's Mother's Day Raffle. The next raffle will be for Father's Day, with ticket sales opening Friday 20 August for one week. Raffle tickets are \$1 each and can be purchased at the centres' welcome desk.



IMPORTANT CHANGES TO SATURDAY BINGO

From this month (July 2021), Morbay Active Ageing Association will run Saturday bingo independent of the City of Bayswater's *Program for Older Adults*. Wednesday and Friday Bingo will continue to be delivered by the Association in partnership with the City of Bayswater, as part of the Community Centres activity schedule.



So, what does this mean for members?

- ☒ If you only attend the Saturday Bingo and are not involved in any other centre activities, you will only require membership for Morbay Active Ageing Association.
- ☒ If you attend Wednesday or Friday bingo, you will require membership to both Morbay Active Ageing Association and the City of Bayswater's Community Centres *Program for Older Adults*.
- ☒ If you attend Saturday bingo and other activities at the community centre you will require membership to both Morbay Active Ageing Association and the City of Bayswater's Community Centres *Program for Older Adults*.

On behalf of the City of Bayswater, we would like to acknowledge Morbay Active Ageing Association president, Betty Bainbridge, vice president, Gaye Roberts, Secretary Fran Smith and its committee members for all their hard work and ongoing commitment in bringing bingo to the community.

Pease note, there will be no bingo on Saturday 10 July due to COVID-19 restrictions.

UNREEL SOCIAL

Bayswater Community Centre hosts a movie afternoon on the fourth Wednesday of the month, commencing at 12 noon. Ice cream is included in the \$2 entry fee. The movies below will be screened over the next few months, subject to availability, please check the notice board for details. We would love to see as many of you as possible.

28 July - **Misbehaviour**

25 August - **Penguin Bloom**

22 September - **Wild Mountain Thyme**

27 October - **Military Wives**

24 November - **Dream Horse**

Centre Connect

Members' Photo Gallery

The last few months have seen a number of special occasions for members and volunteers – can you spot yourself in any of these photos?



Bonsai demonstration
at Link and Learn



Biggest morning tea



Penny
Robson's 80th
birthday



Ann King (99) - Bingo



RAC presentation at Bayswater



Age Friendly Pop Up listening booth at Morley

Centre Connect

Upcoming Events

LINK AND LEARN

First Wednesday of each month at 12.30pm at Bayswater Community Centre. No fee. Everyone welcome. Book with Lynda or Rosie.

Date	Title	Presented by
Wednesday 4 August	Preparing and understanding enduring power of attorney	Older People's Rights Service
Wednesday 1 September	Your protection and Security (TBC)	WAPOL and City Rangers & Security
Wednesday 6 October	Preparing your Will	Public Trustee
Wednesday 10 November	How to make a Kokedama (Japanese moss ball planting)	Kathy Flood



Be Connected Beginner Computer courses

The City's Morley Library is offering free beginner computer courses for older adults aged 50+. Devices will be supplied or you can bring your own.

The library is also running a monthly Tech Club on the 1st Wednesday of the month from 2pm to 3pm. At Tech club you can learn tips and tricks and ask technology related questions. **For more information contact Morley Library on 9272 0980.**

TELL US WHAT YOU THINK

Feedback is important to assist us to continue shaping activities at the centres. If you have any ideas, suggestions or concerns, please speak to the Centre Officers - Rosie Daniele (Morley) or Lynda Blackie (Bayswater) or us the suggestion box at the centres.



Centre Connect

SHOUT OUT TO OUR VOLUNTEERS!

We were proud to recognise the dedication of our volunteers during National Volunteer Week at a Volunteer Appreciation breakfast on Tuesday 18 May. The theme for this year's National Volunteer Week was **Recognise**, celebrate and thank **volunteers** for the vital role they play in making our communities stronger. In keeping with this theme, volunteers heard from guest speaker, Captain Jo Brookshaw from the Salvation Army, who shared her story about the important role volunteers play in supporting the local community during times of need. The City is fortunate to have the support of more than 75 City registered volunteers working across a range of community programs, including Books on Wheels, Community Events and the Centre's Program for Older Adults.



FOR MORE INFORMATION

Please contact the Community Centres' Program Officers
Rosie on 9276 6108 (Morley) or **Lynda** on 9271 5198 (Bayswater)

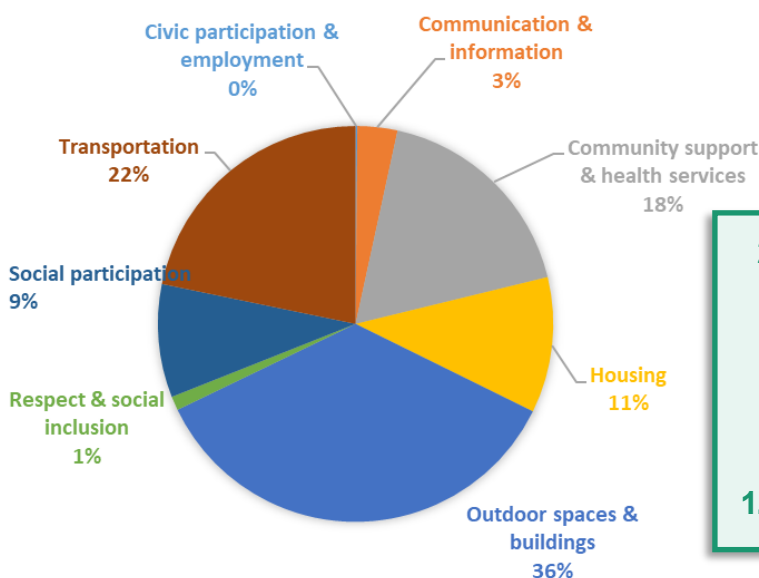
Centre Connect

Age Friendly Bayswater – Summary of survey findings, June 21

Thank you to everyone who completed a survey to inform the development of the City's second Age Friendly Strategy, 2021 to 2025. Local residents, Mr Dedman, Ms Armstrong and centre member Ms Wokjcik were the lucky winners of the restaurant and Myer vouchers.

Consultation ran during April and May 2021, and welcomed input from those who live, work or recreate in the City of Bayswater. Feedback provided a wealth of ideas across all eight World Health Organisation areas, with more than 800 comments received.

MOST COMMENTED ON AREAS



295 surveys completed, online and in hard copy
220 people attended a pop-up listening booth
77 feedback cards completed
42 people attended the community workshop
1.2 thousand people visited Engage Bayswater

80% of respondents agree or strongly agree the City is a good place to live.

Overall, key concerns identified were:

- Having clean, accessible, well lit and adequate public toilets;
- Better transport links to community venues;
- Feeling safe when using outdoor spaces; footpaths, public transport;
- More age friendly information about support services, activities and events;
- Having opportunities to upskill, volunteer and gain paid employment as an older person;
- Knowing about appropriate housing options, and being able to age in place
- Social isolation, loneliness and mental health.

Next Steps:

Findings from survey and community workshop will inform the development of actions for the City of Bayswater's next Age Friendly Strategy 2021 to 2025. It is anticipated a draft strategy will be ready to advertise for public comment in August 2021. We will keep members informed.

