

BAYSWATER COMMUNITY CENTRE

ACTIVITIES PROGRAM FOR OLDER ADULTS 50 PLUS



27 King William Street, Bayswater WA 6053 Ph: 9271 5198
Centre Hours: Monday - Friday 8.30AM - 3.00PM

2021-3

MONDAY	Check when booking for departure times	Community Bus Outings	See Notice Boards for outing details
	1.45pm - 2.45pm	Yoga	\$12 per class - Gentle yoga for Seniors
	10.30am - 1pm	Morley Parkinson's Association Support Group	\$2 - 2 nd Monday Monthly
TUESDAY	9am	Get Low	\$5 - Low impact fitness class
	10am	The Friendlies	\$2 - All welcome to our Friendship Group
	11.30am	Zumba Gold	\$5 - A fun way to exercise
WEDNESDAY	From 8.30am	Podiatry Clinic	By appointment only - Contact Life Active Podiatry on 0423 722 957 or 6117 5147
	9am - 11.45am	Craft Group	\$2
	12.30pm	Link & Learn Program	1 st Wednesday Monthly See notice board for details of FREE community information sessions. All welcome 50+
	1.30pm	e-Learn Program	\$2 - 3 rd Wednesday Monthly See notice board for details of Computer Technology Sessions
	12.30pm - 2.45pm	Un-Reel Movie Social	\$2 - 4 th Wednesday Monthly See notice board for details of monthly movie
	10am - 12noon	Computer Classes	\$7 per class/hour
	From 8.30am	Hairdresser	By appointment only Contact Sharon on 0437 709 965
THURSDAY	From 9.30am	Card group	\$2 - Canasta/Jonola
	10am - 12noon	Computer Classes	\$7 per class/hour
	1.45pm - 2.45pm	Yoga	\$12 per class - Gentle yoga for Seniors
FRIDAY	From 8.30am	Hairdresser	By appointment only Contact Sharon on 0437 709 965
	12.30pm - 3.00pm	Bingo	\$2 + Cost of books. Membership of Morbay Active Ageing Association Inc is required - \$10 (valid from 01/01/21 to 31/12/22)

Please direct all enquiries to the Community Centre Program Officer: Lynda Blackie during office hours Monday to Friday 8.30am - 3.00pm on Phone: **9271 5198** or Email: lynda.blackie@bayswater.wa.gov.au

ANNUAL MEMBERSHIP FEES: (1 July 2021 – 30 June 2022)

- Standard Fee: \$15.00
- Veteran Non-Resident \$14.25
- Veteran - COB Resident \$13.50
- COB Volunteer \$7.50

This schedule may vary in-line with changing COVID-19 safety requirements. At all times, members are asked to observe social distancing and hygiene requirements in line with Government guidelines. This information was correct at the time of publication.

