

MORLEY COMMUNITY CENTRE

ACTIVITIES PROGRAM FOR OLDER ADULTS - 50 PLUS



6a Blades Close, Morley WA 6053

Centre Hours: Tuesday to Friday 8.30am - 3.00pm

Centre Phone: (08) 9276 6108

2022/8

Monday	– Centre Closed on Mondays – Community Bus Trips depart from Morley and Bayswater Centre in mornings as scheduled. Refer to the Centre Notice board for Trip details.			
	Walking Group	8.30am	Free	Weather permitting /Tea & Coffee (\$2)
Tuesday	Indoor Bowls	9.00am – 11.30am	\$2.00	Indoor version of Lawn Bowls on synthetic mats
	Hairdresser	from 8.30am		Call Sharon 0437 709 965 (bookings required)
Wednesday	Bingo	11.00am -2.00pm	\$2.00 + books	Membership of Morbay Active Ageing Association Inc. is also required - \$10 (01/01/21 to 31/12/22)
Thursday	Podiatrist	from 8.30am		Call Life Active 6117 5147 (bookings required)
	Hairdresser	from 8.30am		Call Sharon 0437 709 965 (bookings required)
	Move it with Kasse	9.00am – 10.00am	\$5.00	Moving to music with stretching, toning & resistance fitness class
	Rumicrub/Cribbage	10.30am – 12.00pm	\$2.00	Combining elements of the card game rummy and mah-jong
	Line Dancing	12.00pm – 2.00pm	\$5.00	Intermediate level
Friday	Indoor Bowls	9.00am – 11.30am	\$2.00	Indoor version of Lawn Bowls on synthetic mats
	Mah-jong	11.30am – 2.30pm	\$2.00	Chinese tile based game with 4 players

ANNUAL MEMBERSHIP IS REQUIRED TO USE THE CENTRE (1 July 2022 – 30 June 2023)

Standard Fee: \$15.00; **Veteran- COB Resident:** \$13.50; **Veteran Non – Resident** \$14.25;

COB Volunteer: \$7.50. Please show your membership card on entry.

This schedule may vary in-line with changing COVID-19 safety requirements.

Help us reduce the spread of COVID-19:

Whilst visiting the Centre we encourage you to:

- wear a mask if physical distancing isn't possible
- use the hand sanitizer provided, and
- stay home if you are feeling unwell

